

## ABSTRAK

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Judul : Gambaran Pola Peresepan Obat Pasien Penyakit Gastritis  
Di Puskesmas Abadi Jaya Depok

Gastritis atau dikenal dengan istilah maag adalah gangguan peradangan pada dinding lambung terutama pada selaput lendir lambung. Penelitian ini bertujuan untuk mengetahui gambaran pola peresepan obat pasien penyakit gastritis di Puskesmas Abadi Jaya Depok periode Juli-Desember 2023. Penelitian ini merupakan penelitian deskriptif menggunakan metode *cross sectional* yang dilakukan secara retrospektif. Jumlah populasi dalam penelitian ini adalah 265 resep. Jumlah sampel yang didapat dalam penelitian ini sebanyak 73 sampel dengan teknik pengambilan sampel menggunakan metode *purposive sampling*. Hasil penelitian ini menunjukkan bahwa penderita penyakit gastritis berdasarkan karakteristik pasien pada jenis kelamin lebih banyak terjadi pada kelompok perempuan sebanyak 58 pasien (79.45%), berdasarkan usia lebih banyak adalah kategori dewasa awal (26-35 tahun) sebanyak 27.40%. Berdasarkan karakteristik obat golongan yang sering digunakan adalah golongan PPI sebanyak 60.27% dan Omeprazol merupakan item obat paling banyak digunakan sebanyak 60.27%. Obat Tunggal sebanyak 82.19% dan Obat kombinasi sebanyak 17.81%. Adapun Obat Penyerta yang sering diresepkan adalah Vitamin B6 sebanyak 24.66%. Dan interaksi Obat lebih banyak terjadi adalah Tidak ada interaksi sebanyak 89.04%, Minor sebanyak 1.37%, Moderate sebanyak 6.85% dan Mayor sebanyak 2.74%.

**Kata Kunci :** Gastritis, Karakteristik Obat, Karakteristik Pasien, Pola Peresepan Obat

## **ABSTRACT**

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*Heading* : Overview of Drug Prescription Patterns for Gastritis  
Patients at the Abadi Jaya Depok Health Center

*Gastritis or known as ulcers is an inflammatory disorder of the stomach wall, especially the mucous membrane of the stomach. This study aims to determine the pattern of drug prescriptions for gastritis patients at the Abadi Jaya Depok Health Center for the period July-December 2023. This study is a descriptive study using a cross-sectional method that was carried out retrospectively. The population in this study was 265 prescriptions. The number of samples obtained in this study was 73 samples with a sampling technique using the purposive sampling method. The results of this study indicate that gastritis sufferers based on patient characteristics in terms of gender are more common in the female group as many as 58 patients (79.45%), based on age, more are in the early adult category (26-35 years) as many as 27.40%. Based on the characteristics of the drug group that is often used is the PPI group as many as 60.27% and Omeprazole is the most widely used drug item as many as 60.27%. Single drugs as many as 82.19% and combination drugs as many as 17.81%. The accompanying drugs that are often prescribed are Vitamin B6 as many as 24.66%. And the most common drug interactions are No interactions as much as 89.04%, Minor as much as 1.37%, Moderate as much as 6.85% and Major as much as 2.74%.*

**Keywords** : Drug Characteristics, Drug Prescribing Patterns, Gastritis, Patient Characteristics.