

ABSTRAK

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Program Studi : S1 Farmasi

Judul : Analisis Efek Samping Penggunaan Obat dan Kualitas Hidup Pasien Bipolar 2 di Klinik Utama Amriev Alviat Healing”

Penelitian ini merupakan studi kuantitatif dengan pendekatan deskriptif korelasional dan desain *cross-sectional* yang bertujuan untuk mengetahui hubungan antara efek samping penggunaan obat dengan kualitas hidup pasien bipolar tipe 2 di Klinik Utama Amriev Alviat Healing. Efek samping berdasarkan instrumen *Antidepressant Side-Effect Checklist (ASEC)* dan Kualitas hidup dinilai dari dua aspek, yaitu aspek generik berdasarkan domain WHOQOL-BREF serta aspek spesifik berdasarkan instrumen *Brief Bipolar Disorder Quality of Life (Brief BD-QoL)*. Hasil analisis menggunakan uji korelasi Spearman terhadap 100 pasien yang disesuaikan oleh kriteria sampel penelitian menunjukkan bahwa terdapat hubungan atau tidak yang signifikan antara tingkat efek samping obat dan kualitas hidup pasien, baik dalam aspek generik maupun spesifik.

Kata kunci: bipolar 2, *Brief BD-QoL*, efek samping obat, korelasi spearman, *WHOQOL-BREF*

ABSTRACT

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Title : *Analysis of Medication Side Effects and Quality of Life in Patients with Bipolar Type 2 at Amriev Alviat Healing Primary Clinic*

This quantitative study, utilizing a descriptive correlational and cross-sectional design, aimed to determine the relationship between the side effects of medication use and the quality of life of patients with bipolar type 2 at the Amriev Alviat Healing Main Clinic. Side effects were assessed using the Antidepressant Side-Effect Checklist (ASEC), while quality of life was evaluated from two aspects: a generic aspect based on the WHOQOL-BREF domains (physical, psychological, social, and environmental), and a specific aspect using the Brief Bipolar Disorder Quality of Life (Brief BD-QoL) instrument. The results of the analysis, using the Spearman correlation test on 100 patients who met the study's sample criteria, indicated whether or not there was a significant relationship between the level of medication side effects and the patients' quality of life, in both generic and specific aspects.

Keywords: Bipolar 2, Brief BD-QoL, Medication side effects, Spearman correlation, WHOQOL-BREF