

## ABSTRAK

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Program Studi : Farmasi

Judul : Gambaran Kesesuaian Penggunaan Obat Hipertensi Pada Pasien Rawat Jalan di Puskesmas Ogan Permata Indah

Hipertensi adalah kondisi atau keadaan dimana seseorang mengalami kenaikan tekanan darah darahnya lebih 140/90 mmHg. Tujuan dari penelitian ini yakni untuk mengetahui gambaran penggunaan obat hipertensi pada pasien rawat jalan di Puskesmas Ogan Permata Indah Palembang. Penelitian ini merupakan penelitian non eksperimental dengan metode deskriptif dan pengambilan data secara retrospektif. Data diambil dari rekam medis pasien di Puskesmas Ogan Permata Indah Palembang. Hasil penelitian menggunakan 86 sampel, didapatkan hasil bahwa kebanyakan pasien dalam penelitian ini, berjenis kelamin perempuan (54,48%), usia kisaran 60-74 tahun (65,11%), dengan terbanyak hipertensi stage II (65,11%) serta penyakit penyerta terbanyak yaitu diabetes mellitus (29,07%). Golongan obat antihipertensi terbanyak yaitu CCB dengan obat terbanyak amlodipin (96,51%). Pola terapi paling banyak yaitu monoterapi golongan CCB amlodipin (96,51%), penggunaan politerapi dua obat dengan kombinasi terbanyak yaitu golongan CCB dan ACEI (3,49%). Kesesuaian pemilihan obat antihipertensi seluruh pasien dikatakan sesuai (100%) dan kesesuaian pemilihan dosis obat antihipertensi dengan kategori dosis sesuai (100%) .

**Kata Kunci** : Gambaran, Hipertensi, Kesesuaian, Penggunaan.

## ABSTRACT

Name : Sonia Mutiara  
Study Program : Pharmacy  
Tittle : Description of the suitability Using Of hypertension Drugs For  
Outpatients With at The Ogan Permata Indah Health Center  
Palembang

Hypertension is condition that increase the blood pressure of more than 140 mmHg and diastolic blood pressure of more than 90 mmHg. The purpose of this study was to knowing the description of using hypertension drugs for outpatient in Ogan Permata Indah Health Center. This research is a non experimental research with descriptive method and retrospective data collection. The data is taken from the medical records of patients in the Ogan Permata Indah Health Center. The results of the study used 86 samples, it was found that most patients in this study were female (54,48%), age range 60-74 years (65,11%), with the highest stage II hypertension (65,11%) and the most comorbidities, namely diabetes mellitus (29,07%). The most antihypertensive drug class was CCB with the most drug being amlodipine (96,51%). The pattern of therapy at most was monotherapy with the most drug, namely amlodipine (96,51%), the use polytherapy with 2 drugs with the highest combination of CCB and ACEI (3,49%). The suitability of the selection of appropriate antihypertensive drugs for all patients was said to be appropriate (100%) and the suitability of dose selection antihypertensive drugs with the appropriate dose category as much as patients (100%)

**Keywords :** Descripton, Hypertension, Suitability, The using