

ABSTRAK

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Program Studi : S1 Farmasi
Judul Proyek Akhir : Evaluasi Penggunaan Obat Pada Pasien Osteoarthritis Rawat Jalan di Rumah Sakit Bhayangkara Tk I R.Said Sukano Jakarta Timur Periode Juli – Desember 2017

Osteoarthritis merupakan penyakit sendi degeneratif yang progresif dimana rawan kartilago yang melindungi ujung tulang mulai rusak. Penelitian ini dimaksudkan untuk mengevaluasi penggunaan obat pada pasien osteoarthritis rawat jalan RS Bhayangkara TK I R. Said Sukanto, Jakarta Timur, dilakukan dengan cara survei deskriptif, dengan pengambilan data sekunder pasien dari data rekam medis sebanyak 151 sampel. Demografi pasien Osteoarthritis di rawat jalan RS Bhayangkara Tk I R.Said Sukanto berdasarkan jenis kelamin Persentase tertinggi terdapat pada wanita sebanyak 114 pasien (75,5%), berdasarkan usia persentase tertinggi adalah 46-55 tahun sebanyak 65 pasien (40%), berdasarkan IMT persentase tertinggi adalah pasien dengantegori obesitas sebanyak 55 pasien (36%). Gejala klinis pasien osteoarthritis yang diterapi di rawat jalan RS Bhayangkara Tk I R.Said Sukanto, Jakarta Timur adalah mengalami rasa nyeri sebanyak 151 pasien (100%), pembengkakan 13 pasien (9%), gemeretak 36 pasien (24%). Berdasarkan hasil penggolongan obat yang diberikan padapatient osteoarthritis nilai tertinggi pada kelompok OAINS sebanyak 149 pasien (99%) dan kelompok vitamin sebanyak 71 pasien (47%), berdasarkan kategori ketepatan antralain tepat indikasi (100%), tepat obat (100%), tepat pasien (99%), Tepat dosis (96%).

Kata kunci: terapiOsteoarthritis, evaluasiobat

ABSTRACT

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Title : Evaluation of Drug Use in Osteoarthritis Outpatient
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Osteoarthritis is a progressive degenerative joint disease where the cartilage that protects the tip of the bone begins to break down. This study was intended to evaluate drug use in outpatient osteoarthritis patients at Bhayangkara Tk I R. Said Sukanto Hospital, East Jakarta conducted by descriptive survey, with secondary data collection of patients from medical records as many as 151 samples. Demographics of Osteoarthritis patients treated overnight Bhayangkara Tk I R.said Sukanto Hospital, East Jakarta based on sex The highest percentage was in women with 114 patients (75.5%), based on age the highest percentage was 46-55 years as many as 65 patients (40%), based on The highest percentage BMI was patients with obesity categories as many as 55 patients (36%). The clinical symptoms of osteoarthritis patients treated in the outpatient ward of Bhayangkara Tk I R.Said Sukanto Hospital East Jakarta were 151 patients (100%) experiencing pain, 13 patients swelling (9%), 36 patients rattling (24%). Based on the results of the classification of drugs given to patients with osteoarthritis the highest score in the NSAID group was 144 patients (98%) and the vitamin group as many as 71 patients (47%), based on the category of other exact accuracy (100%), exact patients (99%), right medicine (100%), right dosage (96%).

Kata kunci: therapy Osteoarthritis, drug evaluation