

ABSTRAK

Nama : Dian Utami
Program Studi : Farmasi
Judul : Hubungan Pengetahuan dan Sikap Pasien Terhadap Efektivitas Terapi Diabetes Melitus Tipe 2 di RSUP Fatmawati.

Sebagian besar pasien DM Tipe 2 tidak mencapai target glikemik sesuai rekomendasi. Untuk dapat mencapai target terapi pengobatan DM Tipe 2 diperlukan pengetahuan yang baik dan sikap yang positif mengenai penyakit DM. Tujuan penelitian ini adalah untuk mengetahui hubungan tingkat pengetahuan dan sikap terhadap efektivitas terapi pada pasien DM Tipe 2 di Instalasi Rawat Jalan RSUP Fatmawati. Jenis metode penelitian yang digunakan adalah penelitian deskriptif dengan pendekatan *cross sectional* dengan teknik sampling *consecutive sampling*. Sampel pada penelitian sebanyak 109 pasien. Berdasarkan hasil penelitian ini didapatkan mayoritas pasien memiliki pengetahuan kurang yaitu 59 pasien (54,1%), mayoritas pasien memiliki sikap negatif sebanyak 56 pasien (51,4%) dan mayoritas pasien yang memiliki nilai HbA1c terkontrol sebanyak 65 pasien (59,6%). Berdasarkan hasil uji chi square didapatkan hubungan tingkat pengetahuan ($p\text{-value } 0,769 > 0,05$) dan sikap ($p\text{-value } 0,072 > 0,05$) terhadap efektivitas terapi pada pasien DM tipe 2 di Instalasi Rawat Jalalan RSUP Fatmawati. Kesimpulan dari penelitian ini adalah tidak terdapat hubungan yang signifikan antara tingkat pengetahuan dan sikap pasien terhadap efektivitas terapi DM Tipe 2 di RSUP Fatmawati.

Kata kunci : Diabetes Melitus Tipe 2, Tingkat pengetahuan, Sikap, Efektivitas terapi.

ABSTRACT

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Study Program : Farmasi
Title : Relationship Knowledge and Attitudes of Patients Against
The Effectiveness of Type 2 Diabetes Mellitus Therapy at
Fatmawati General Hospital.

Most Type 2 DM patients do not reach the recommended glycemic targets. To be able to achieve the therapeutic targets for Type 2 DM treatment, good knowledge and a positive attitude regarding DM disease are required. The aim of this study was to determine the relationship between the level of knowledge and attitudes on the effectiveness of therapy in Type 2 DM patients at the Outpatient Installation of Fatmawati Hospital. The type of research method used is descriptive research with a cross sectional approach with consecutive sampling techniques. The sample in the study was 109 patients. Based on the results of this study, it was found that the majority of patients had insufficient knowledge, namely 59 patients (54.1%), the majority of patients had a negative attitude, 56 patients (51.4%), and the majority of patients who had controlled HbA1c values were 65 patients (59.6%). Based on the results of the chi square test, it was found that there was a relationship between the level of knowledge ($p\text{-value } 0.769 > 0.05$) and attitude ($p\text{-value } 0.072 > 0.05$) on the effectiveness of therapy in type 2 DM patients at the Outpatient Installation at Fatmawati Hospital. The conclusion of this study is that there is no significant relationship between the level of knowledge and patient attitudes towards the effectiveness of Type 2 DM therapy at Fatmawati Hospital.

Keywords : Diabetes Mellitus Type 2, Level of knowledge, Attitude, Effectiveness of therapy.