

ABSTRAK

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Program Studi: S1 Farmasi

Judul : Evaluasi Kedisiplinan Pengambilan Obat Program Antiretroviral (ARV) Terhadap Pasien HIV/AIDS di Rumah Sakit X Jakarta Utara Periode Oktober-Desember Tahun 2022

Tujuan penelitian ini untuk mengetahui tingkat kedisiplinan pasien HIV/AIDS dalam melakukan pengambilan obat program antiretroviral (ARV). Penelitian dilakukan di Instalasi farmasi rawat jalan Rumah Sakit X Jakarta Utara. Penelitian ini menggunakan metode *Cross-sectional*, dengan pengumpulan data secara *retrospektif* dari kartu *follow-up* pasien. Untuk mengukur tingkat kedisiplinan dihitung jumlah rasio kepemilikan obat, dengan metode *Medication Possession Ratio* (MPR). Populasi pada penelitian ini semua pasien HIV/AIDS yang mengambil obat program obat ARV di Rumah Sakit X Jakarta Utara pada bulan Oktober hingga Desember tahun 2022 sebanyak 477 orang. Sampel penelitian sebanyak 239 orang. Hasil penelitian ini didapatkan persentase rata-rata pasien yang disiplin mengambil obat sebanyak 61,5% dan pasien yang tidak disiplin sebanyak 38,4%.

Kata kunci : Kedisiplinan, Antiretoviral, *Medication Possession Ratio*

ABSTRACT

Name : Dosmauli Nurita Simare-mare

Study Program: S1 Farmasi

Title : Evaluation of Discipline in Taking the Program Antiretroviral (ARV) Drug for HIV/AIDS Patient at Nort Jakarta X Hospital for the Period of October-Desember 2022

The purpose of this study was to determine the level of discipline of HIV/AIDS patient in taking the antiretroviral (ARV) drug program. The reseach was conducted at the outpatient pharmacy installation ar X Hospital, North Jakarta. This Study uses Cross-sectional methods, with data collected retrospective from patient follow-up card. To measure the level of discipline, the total ratio of drug ownership is calculated, using the Medication Possession Ratio (MPR) method. The population in this study were all HIV/AIDS patient who took the ARV drug program at North Jakarta X Hospital from October to December 2022. In the reports of human immunodeficiency virus patients at North Jakarta X Hospital, patients who took the drug from October to December 2022 totalling 477 people. The reseasch samples was 239 people. The results of this study showed that the average percentage of patients who were disciplined in taking medication was 61.5% and patients who were not disciplined was 38.4%.

Keywords: Discipline, Antiretroviral, Medication Possession Ratio