

ABSTRAK

Nama : Peny Sri Mulyani

Bidang Studi : Farmasi

Judul : “Analisis Kepatuhan Ibu Hamil Mengonsumsi Tablet Tambah Darah di Puskesmas Cilandak Periode November-Desember 2023”.

Selama kehamilan, ibu hamil membutuhkan lebih banyak darah untuk perkembangan janin dalam kandungannya. Kepatuhan ibu hamil mengonsumsi tablet tambah darah mencerminkan seberapa besar ibu hamil terhindar dari anemia. Tujuan penelitian ini adalah mengetahui karakteristik ibu hamil yang mendapatkan suplemen tambah darah berdasarkan usia ibu hamil, usia kehamilan, jumlah graviditas, tingkat pendidikan dan jenis pekerjaan. Dan bagaimana hubungan antara tingkat pengetahuan ibu hamil mengonsumsi tablet tambah darah di puskesmas Cilandak periode November-Desember 2023. Penelitian ini adalah penelitian deskriptif kuantitatif, metode yang digunakan dengan survei, wawancara dengan menggunakan kuesioner. Data penelitian yang didapat yaitu 102 pasien akan diwawancara (diberikan kuesioner) pada ibu hamil yang berkunjung ke KIA Puskesmas Cilandak. Hasil analisis karakteristik ibu hamil yang mendapatkan suplemen tablet tambah darah Sebagian besar pada rentang usia 25-35 tahun (53,9%), multigravida (52%), kehamilan trimester 2 (42,2%), tingkat pendidikan SMA kebawah (81,4%) dan tidak bekerja (58.8%). Tingkat pengetahuan ibu hamil paling banyak yaitu berpengetahuan baik (48,0%). Kepatuhan ibu hamil yang paling banyak yaitu patuh (41.2%) dan terdapat hubungan antara tingkat pengetahuan dan kepatuhan ibu hamil di Puskesmas Cilandak dengan nilai p value 0,001 ($p < 0,05$).

Kata Kunci : Ibu Hamil, Kepatuhan, Tablet Tambah Darah

ABSTRACT

Name : Peny Sri Mulyani

Fiend of Study : Pharmacy

Title : "Analysis of Pregnant Women's Compliance with Taking Blood Supplement Tablets at the Cilandak Health Center for the Period November-December 2023".

During pregnancy, pregnant women need more blood for the development of the fetus in their womb. Compliance with pregnant women consuming blood supplement tablets reflects how much pregnant women avoid anemia. The aim of this research is to determine the characteristics of pregnant women who receive blood supplements based on the age of the pregnant woman, gestational age, number of gravidities, level of education and type of work. And what is the relationship between the level of knowledge of pregnant women consuming blood supplement tablets at the Cilandak health center for the period November-December 2023. This research is a quantitative descriptive study, the method used is a survey. , interviews using questionnaires. The research data obtained is that 102 patients will be interviewed (given a questionnaire) to pregnant women who visit the KIA Cilandak Health Center. Results of analysis of the characteristics of pregnant women who received blood supplement tablets. Most were in the age range 25-35 years (53.9%), multigravida (52%), 2nd trimester of pregnancy (42.2%), high school education level or below (81.4%). %) and not working (58.8%). The highest level of knowledge for pregnant women is good knowledge (48.0%). The highest level of compliance among pregnant women was compliance (41.2%) and there was a relationship between the level of knowledge and compliance of pregnant women at the Cilandak Community Health Center with a p value of 0.001 ($p < 0.05$).

Keywords: Blood Increasing Tablets, Compliance, Pregnant Women