

ABSTRAK

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Program Studi : Farmasi

Judul : Evaluasi Rasionalitas Penggunaan Obat Pada Pasien Dengan Penyakit Paru Obstruktif Kronik (PPOK) di Instalasi Rawat Jalan Rumah Sakit Umum Adhyaksa Jakarta Timur Periode Juli - Desember 2023

Penyakit Paru Obstruktif Kronis merupakan kondisi yang umumnya ditandai dengan gejala pernapasan yang persisten dan cenderung berkembang serta diiringi dengan respon inflamasi kronis yang meningkat akibat paparan partikel. Penelitian bertujuan untuk mengidentifikasi karakteristik berdasarkan usia, jenis kelamin, tingkat pendidikan serta presentasi yang tepat pada pasien, obat yang tepat, dosis yang tepat, interval yang tepat, dan waktu pemberian yang tepat. Pengumpulan data ini dilakukan melalui penelitian deskriptif secara retrospektif terhadap 84 pasien selama periode Juli – Desember 2023. Hasil penelitian berdasarkan karakteristik menunjukkan proporsi terbesar pada laki-laki yaitu 62 pasien (73,80%) dengan usia antara 66-75 tahun sebanyak 44 (52,38%), lalu penyakit penyerta (sequelae TB) sebanyak 10 (11,90%) serta tingkat pendidikan terbanyak adalah lulusan SMA sebanyak 26 (30,95%). Berdasarkan evaluasi ketepatan, didapatkan bahwa tepatan pasien, tepat dosis, tepat interval waktu pemberian mencapai (100%), lalu tepat indikasi, dan obat sebanyak (95,23%).

Kata Kunci: Evaluasi Obat, PPOK, Rasionalitas Obat

ABSTRACT

Name : Ragil Puspaning Pratiwi
Study Program : Pharmacy
Title : Evaluation of Rationality of Obat Use in Patients with Chronic Obstructive Lung Disease (COPD) in Road Care Facilities of Adhyaksa General Hospital East Jakarta Period July - December 2023

Chronic Obstructive Pulmonary Disease is a condition generally characterized by persistent respiratory symptoms that tend to progress and is accompanied by an increased chronic inflammatory response due to particle exposure. The study aimed to identify characteristics based on age, gender, education level as well as the right presentation to the patient, the right drug, the right dose, the right interval, and the right time of administration. This data was collected through a retrospective descriptive study of 84 patients during the period July - December 2023. The results of the study based on the characteristics showed the largest proportion of males, namely 62 patients (73,80%) with ages between 66-75 years as many as 44 (52,38%), then comorbidities (sequelae of TB) as many as 10 (11,90%) and the highest level of education was high school graduates as many as 26 (30,95%). Based on the evaluation of accuracy, it was found that the right patient, the right dose, the right time interval for administration reached (100%), then the right indication, and the drug as much as (95,23%).

Keywords: COPD, Medication Evaluation, Rationality of Medicine