

## **ABSTRAK**

Nama : Inas widhiarni  
Program Studi : Farmasi  
Judul : Kualitas hidup pasien HIV dan AIDS dalam penggunaan obat ARV di Rumah Sakit Bhayangkara Tk.I Raden Said Sukanto.

Dalam laporan perkembangan HIV dan AIDS & PIMS 2017 Prevalensi HIV tertinggi di Indonesia yaitu DKI Jakarta sebanyak 9.215 penderita. Penelitian ini menggunakan instrumen WHOQOL-HIV BREF dan data sekunder dari dokumentasi rekam medis. Dengan jumlah sampel 75 orang responden dengan karakteristik telah menjalani terapi obat antiretroviral (ARV)  $\geq 1$  tahun. Hasil penelitian penderita HIV dan AIDS menunjukkan persentase usia dengan rata-rata 36 tahun, pasien laki-laki 80%, Pendidikan SMA 69,3%, Status pernikahan pasien sudah menikah 61,3% , lama menderita dengan rata-rata 4 tahun, dan faktor penyebab heteroseksual 53,3% , terapi ARV yang paling banyak digunakan Duviral dan Neviral (DN) 48%. Kualitas hidup pada pasien HIV dan AIDS memiliki kualitas hidup yang kurang baik.

Kata kunci : Kualitas Hidup, HIV dan AIDS, Terapi ARV

## **ABSTRACT**

Name : Inas widhiarni  
Study Program : Pharmacy  
Title : Quality of life of patients with HIV and AIDS in the use of antiretroviral drugs at Bhayangkara Tk.I RS. Raden Said Sukanto.

In the report on the progress of HIV and AIDS & PMS 2017 the highest HIV prevalence in Indonesia is DKI Jakarta with 9,215 sufferers. This study used the WHOQOL-HIV BREF instrument and secondary data from medical record documentation with a number of samples of 75 respondents with characteristics having undergone antiretroviral (ARV) therapy  $\geq 1$  year. The results of the study of HIV and AIDS patients showed the percentage of age with an average of 36 years, male patients 80%, high school education 69.3%, marital status of married patients 61.3%, long suffering with an average of 4 years, and heterosexual causative factors 53.3%, ARV therapy is the most widely used Duviral and Neviral (DN) 48%. Quality of life in patients with HIV and AIDS has a good quality of life.

Keywords: Quality of Life, HIV and AIDS, ARV Therapy